

# Is there any general weather advisory for hiking the Pekoe Trail?

Weather conditions can change quickly along the Pekoe Trail, especially in the Central Highlands. It is strongly recommended to:

- Check the local weather forecast and any advisories issued by the Sri Lanka Meteorology Department before starting your hike
- Review stage-specific updates and on-ground warnings via [trailwatch.thepekoetrail.org](https://trailwatch.thepekoetrail.org)
- Avoid hiking during heavy rain or immediately after prolonged rainfall, as this increases the risk of landslides, slippery terrain, and fallen trees

Each stage page on the Pekoe Trail website also includes difficulty levels and important notes relevant to weather and terrain.

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