

Which Pekoe Trail stages are recommended for beginners?

For those new to the Pekoe Trail or hiking in Sri Lanka, the following stage 1 & 22 are generally recommended as beginner-friendly, depending on current conditions. Please refer the thepekoetrail.org/pekoe-stages for each stage difficulty and details

These stages typically have better access, clearer paths, and more moderate terrain. Always review the latest stage status and difficulty level before planning your hike, as conditions can change due to weather or maintenance issues.

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